

The WFC Flyer

APRIL 2010



Important Dates

General Meeting

April, 8, 2010
7:00 PM
Clubhouse

Board Meeting

May 6, 2010
7:00 PM
Clubhouse

CLUB OFFICERS

President

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Photo by Mark Mitchell

From the President by Joe Ebert

Making Lemonade

Some say that adversity builds character. I believe that adversity *reveals* character. When circumstances and events are not favorable, how we react is vitally important.

Prior to the unfortunate circumstances of the last week or so the Board and the Insurance/Risk Management committee had already begun identifying areas where we could take steps to minimize risk. We will soon be implementing some of the ideas that have been suggested in order to make this a better club, and make each club member a better pilot. Some of the ideas are institutional, meaning the Club will make across-the-board policy changes like requiring IPC checks for instrument rated pilots to go along with the Club Review check rides already required. All of these will be to PTS standards, of course.

Other changes include reinstating mandatory Safety Seminars, providing seminars on aircraft preventive maintenance

and projects that club members can participate in. The long-term goal of all of these ideas is to improve the Club's overall performance, make it more attractive to our insurers and of course, make better pilots of all of us.

We were moving along with developing these ideas, but the events of the last ten days certainly can be seen as getting some lemons. While we can learn from mistakes, dwelling on them or looking backwards serve no useful purpose. What we do moving forward means everything. Are we performing like we expect? If not, we make changes to improve our performance.

So it's time to make some lemonade. Whether you rent club aircraft, or fly your own, plan on attending the next Safety Seminar. Let's all get better at this flying thing.


WFC is depending on you ... to do your part

The Pancake Breakfast is one of those events that *absolutely needs volunteers* – and the more the better. The day of the breakfast requires that all positions be filled by club members. Last year, we had a relatively low turnout and we had to shuffle folks from one crew to another to fill gaps.

It's important that all club members remember how much ***everyone is needed*** on the third Sunday in May. If you absolutely can't make the Sunday date, and there are folks who can't, consider volunteering to help set up grills on the Wednesday before, or helping with setup on Saturday morning. Many hands are needed.

Please mark Sunday May 15th & 16th on your calendar.

We ***need everyone's help*** to make the breakfast run as smoothly as possible.



May 2010						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Flight Rx by Dr. Pam Tarkington

TIA -TRANSCIENT ISCHEMICA ATTACK/ MINI STROKE

These are Nervous System "attacks" that lasts less than 24 hours - generally 1-2 hours. Those with hypertension or diabetes are more at risk. After a TIA, your risk for a complete stroke is high for the next month and highest in the subsequent 48 hours. The cause of these events are generally an emboli. The symptoms usually become apparent very quickly and the patient usually recovers just as quickly.

If the mini stroke is from the carotid artery, the usual symptoms are weakness of the other side of the body and this is usually weakness of the arm, leg or even face. If the mini attack affects other areas the patient may loose feeling, or have trouble feeling. In other cases the patient may be dizzy, feel off balance, or

have double vision, have blurred vision, or be weak on one side of the body. Usually a CT (x-ray study) is done immediately to exclude a brain hemorrhage or tumor.

The FAA will require a 2 year waiting period before you can obtain a renewal of your medical. They will also need copies of your hospital records and a detailed report from your physician and neurologist. They will also want certain blood tests and depending on the CVA/TIA other tests which might include a TEE, angiogram, carotid Doppler, CT, MRI, etc. For more information, contact your AME.

The most important take home message, is that if you have symptoms, immediately go the Emergency Department.

Flyer looking for new photos and stories...

Have a favorite aviation related photograph you took and want to see it published on the cover of the newsletter? Well, you are in luck ...because we are looking to our members for submissions. We plan on swapping out the newsletter masthead photo every month. To achieve this, we need your submissions. Please drop off, in the Secretary's

box, a CD/DVD with your digital photos for consideration.

Additionally, if anyone has an aviation related story that you would like published in an upcoming newsletter, please submit them too.