

# WFC Flyer



## Important Dates:

**General Meeting**  
June 14, 2018  
7:00 pm, Clubhouse

**Board Meeting**  
July 5, 2018  
7:00 pm, Clubhouse

**General Meeting**  
July 12, 2018  
7:00 pm, Clubhouse

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## Williamson Flying Club

## June 2018

### From the President's Desk by Mike Malec

#### An Apology

Together with the Breakfast Committee, the Board and I would like to express our gratitude to all of those members (and non-members) who participated in the 2018 Breakfast event; including all setup and preparation activities.

At Thursday night's Board of Directors meeting, the Board was made aware of important feedback, relayed to us from the Breakfast Committee, regarding frustration centered around the handling of this year's tickets. With this feedback and the input provided by the Breakfast Committee, every single board member is in full agreement that we

failed in handling the situation properly with regard to timeliness, execution, and communication of our requests and instructions to the Breakfast Committee, as well as to each and every member of the club. The Board of Directors and I sincerely apologize



to any and all Club Members confused, angered, or even remotely inconvenienced by our haste and lack of detail issuing these instructions. Our intentions were never to frustrate anyone within such proximity to the breakfast.

In an initial discussion

with the Breakfast Committee, we have determined that part of this breakdown was exacerbated due to a miscommunication and/or misunderstanding of our instructions to the Breakfast Committee to which there was not enough time to recognize and reconcile as the Breakfast was getting underway. Again, we do apologize. We have vowed to work closely with the Breakfast Committee to prevent this type of failure from happening again. Club member feedback, such as we received on Thursday night, is extremely valuable to us, and the integrity of the Club, and we do take it very seriously.

*(Continued on page 2)*

### Williamson Flying Club

Williamson-Sodus Airport (KSDC)  
5502 State Route 104  
Williamson, NY 14589

Find us on the web at:  
[www.williamsonflyingclub.com](http://www.williamsonflyingclub.com)

### Board of Directors

President:	Mike Malec	Director:	Randy Christian
Vice President:	Tom Henderson	Director:	Greg Arserio
Treasurer:	Bob Herloski	Director:	Dick Swingly
Secretary:	Ian Fair	Past President:	Steve Murray

Contact: [bod@williamsonflyingclub.com](mailto:bod@williamsonflyingclub.com)

**Medical Advisor:** Dr. Pam Tarkington

### Aviation Quote:

“Get rid at the outset of the idea that the airplane is only an air-going sort of automobile. It isn't. It may sound like one and smell like one, and it may have been interior-decorated to look like one; but the difference is—it goes on wings.

And a wing is an odd thing, strangely behaved, hard to understand, tricky to handle. In many important respects, a wing's behavior is exactly contrary to common sense. On wings it is safe to be high, dangerous to be low; safe to go fast, dangerous to go slow. Generally speaking, if you want the airplane to go up, you point the nose up; but point its nose up a little too much, and you go down into a stall or spin.”

*Stick and Rudder*  
Wolfgang  
Langewiesche  
(1944)

“If you push the stick forward, the houses get bigger. If you pull the stick back, they get smaller. That is, unless you keep pulling the stick all the way back, then they get bigger again.”

A modern take on it,  
author unknown

## From the President's Desk by Mike Malec

*(Continued from page 1)*

We want you to know that the Board of Directors and I value and appreciate the hard work that you all put into the preparation and production of

our annual Breakfast event. Our intention was never to ignore or diminish all of your great contributions to making this tradition such an achievement every year. We look

forward to continuing working together with everyone to make each and every future Breakfast more successful and enjoyable than the last.

## Flight Rx by Dr. Pam Tarkington

### Cardiovascular Disease Prevention



In the last two decades, there has been a reduction in mortality and morbidity for cardiovascular disease and stroke. Risk factors come in two different categories;:

1. Those that we can change (e.g., sedentary lifestyle, obesity, cigarette smoking, hypertension, lipid abnormalities, etc.)
2. Those we cannot change (e.g., family history, age and sex).

The latest guidelines are as follows:

- Screening for abdominal aortic aneurism should be done on a one time basis for men 65-75

years old. Men who have smoked will be the primarily beneficiaries of this testing. This does not appear to be beneficial for women.

- Stopping smoking is recommended for all.
- Diabetes screening, for adults 40-70 years, especially if they are overweight or have a family history (mother or father).
- Blood pressure; all at age 18 should be tested. More than 65 million US adults have hypertension. This is above 1/3 of the population. Also 1/2 of those with hypertension are not aware of this. Hypertension means an increase in cardiovascular disease and stroke. Effective methods for reducing blood pressure include exercise, decreasing alcohol consumption, eating fresh fruits and vegetables. Remember hypertension is usual-

ly asymptomatic.

- Screening for cholesterol; men should begin screening at age 35 (and at age 20 if there are risk factors). Women should start at age 45 (and at age 40 if risk factors are present)
- Aspirin: if not contraindicated, men should take ASA (acetylsalicylic acid) at age 45-70 for the prevention of MI (myocardial infarction or heart attack). In women 55-79 years for the prevention of stroke.
- Weight reduction in those who are overweight and physical exercise is recommended for all.

## Trip Report: Tokyo Scenic Flight by Dan Adams



Dan and Ellen with an elaborately-painted Yakota Air Base Aero Club Cessna 172

During our travels around the Pacific, I finally had the opportunity to get some flight time while visiting Japan. The Yokota Air Base Aero Club offered the chance to log my first flight in the right seat of a Cessna 172 as I begin training for the CFI certificate.

Manager Victor Arzuaga says this is one of only a handful of such clubs still in existence around the Air Force. The club has four nicely equipped C-172Ms featuring Aspen flight displays, ADS-B, and the latest Garmin GPS/Comm/Nav unit. Upgrades are no easy task given the avionics have to be shipped from the U.S. and a qualified installer flown out from Los Angeles. This is the kind of commitment needed to maintain a healthy and profitable club. We also loved the distinctive nose art on each aircraft.

Yokota is a very busy place with C-130Js, C-12s, UH-1N, and recently added CV-22 Osprey tilt-rotors operating out of the base. Our departure had to be worked between four Super Herks in the pattern.

Once cleared for takeoff, we proceeded to downtown Tokyo at 2500 feet. Unfortunately we weren't able to see Mount Fuji due to low clouds. Winds were also gusting over 30 knots creating a sandstorm near the foothills.

VFR flying in Japanese airspace is no more complicated than in our neck of the woods thanks to the ICAO. ATC controllers use English and the airspace rules for staying clear of clouds are the same.

The instructor, Masayoshi Nakano (aka Ray), did a great job giving me headings to remain clear of

### Contribute to the Newsletter!

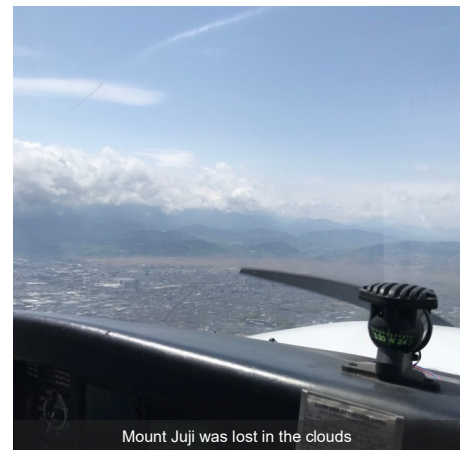
Do you have a favorite photo from the Williamson-Sodus Airport or the Williamson Flying Club? A destination, memory, or trip report to share with the membership?

Submit your photo, story, or trip report to the newsletter by emailing:

[Newsletter@williamsonflyingclub.com](mailto:Newsletter@williamsonflyingclub.com)



Holding short for a Super Herk



Mount Fuji was lost in the clouds

Haneda Airport and maximizing our flight seeing experience. Our path took us to the heart of Tokyo's Shibuya Square, Japan's equivalent of our Times Square.

*(Continued on page 4)*

## Trip Report: Tokyo Scenic Flight by Dan Adams

*(Continued from page 3)*

Tokyo ranks fourth in the world with 145 skyscrapers and boasts a population of over 13 million. Other landmarks included the Tokyo Skytree Tower, Yoyogi Park and the adjacent Meiji Shrine.

We then did a flyover of Yokohama Harbor before heading back to Yokota. This is the home of several major Japanese automakers' corporate headquarters and the point of departure for car exports.

As we were approaching the base, we were informed of a brief runway closure due to a bird strike. We held south for about 10 minutes for flight ops to resume after the remains were cleared. The C-130s were given priority to land and then it was our turn. Needless to say we didn't need the full 12,000 feet of runway, so we lined up to land on the tiny patch they painted on the final 1/3 of the big runway.

Thanks again to the Yokota Aero Club for adding another highlight to our trip of a lifetime!



Dan, Ellen, and instructor Masayoshi Nakano



Tokyo Skytree Tower



Shibuya Square, Tokyo's answer to Times Square



Yoyogi Park and Meiji Shrine



Yokohama Harbor

## Cool Places To Fly by Chris Houston

[Editor's Note: The WFC Activities Committee is planning a fly-out to Lock Haven, PA in July. Here's a short piece to whet people's appetites! Stay tuned for more info!]

**Destination:** William T. Piper Memorial Airport (KLHV), Lock Haven, PA

**Distance:** 127 nautical miles, direct

### Why It's Cool:

As a predominantly Piper club, most members are probably aware that Lock Haven was home to the Piper Aircraft Company for many years. In fact, some of the old Piper hangars are still in use by the current FBO. The terrain around Lock Haven is beautiful. The airport features parallel asphalt and turf runways (9-27). Each year in June, the field hosts the "Sentimental Journey" fly-in. This popular fly-in attracts vintage Pipers from across the northeast and beyond ([link](#)). In 2018, Sentimental Journey runs from June 19 to June 23. Pancake breakfasts are held twice a year as fundraisers for the fly in. The next one is Sunday, September 23, 2018, 8:00 am – 12:00 pm.

On the southwest side of the field is the [Piper Aircraft Museum](#), based in the former Piper engineering building. It's a modest museum, but with a \$6 admission fee (less for children or seniors 55 and over), it's worthwhile for anyone interested in Piper history. The museum owns a few noteworthy aircraft. Did you know that Piper submitted a design for a military trainer in the 1940s or that they experi-

mented with an all-fiberglass design in the 1960s? One of a kind examples of both aircraft are restored and on display (the PT-1 and PA-29 Papoose, respectively). The PA-12 Super Cruiser "City of Angels", credited as the first light aircraft to circumnavigate the globe in 1947, is also on display. Per the website, group tours can be arranged in advance ([link](#), 570-748-8283).

If you're hungry during your visit to Lock Haven, Fox's Market House is a popular local eatery with good food (I've eaten there several times over the years). The FBO personnel are very friendly and the manager, Ed Watson, does all he can to boost aviation. Need a ride into town for food or a lift to the Piper Museum? The FBO is always happy to give visiting pilots a lift and return trips are just a phone call away.

### Tips:

- Check your sectionals! There's a right traffic pattern for runway(s) 27. Parallel runway ops are not permitted.
- The field does not have an ASOS/AWOS, but three clicks on the UNICOM frequency will yield a report on winds and altimeter.
- The terrain between Corning and Lock Haven is heavily wooded, sparsely populated, and unforgiving; it's a beautiful ride, but plan your route accordingly.
- The FBO will provide ground transportation to and from town or the museum, but on a nice day, it's not a bad walk.



Prototype PT-1 military trainer



Prototype PT-1 military trainer



PA-29 Papoose, prototype fiberglass trainer



Detail of Papoose wing with resin-impregnated Kraft honeycomb paper structure visible

## Activities Committee Update by Chris Houston

### Updated "Hangar Talks" Schedule

Since our announcement of this series in the previous newsletter, an additional talk by John Griebusch has been added. The current schedule is:

- June 14: Norm Isler from AOPA
- July 12: Jim Martin, former Air Force and Cessna test pilot
- August 9: Ron Ward, speaking about flying his Le Roy-based Twin Comanche to Cuba
- September 13: John Griebusch with a photojournal of flying in Iceland (**new addition**).
- November 8: Craig Wadsworth, National Warplane Museum, speaking about flying the museum's WWII veteran C-47 ("W7") to Normandy in 2014

### Currently Planned Activities

- Red Jacket Flying Club BBQ Fundraiser lunch at Canandaigua (KIUA), June 16. We originally reported that this event required pre-purchase of tickets, but have since verified that that's not the case. Please join us for a good cause! Contact Tony Alesci with questions.

- WFC family picnic and spot landing / flour bomb contest, July 21
- Lock Haven (KLHV) fly-out, July 28. We'll plan to get a meal in town and visit the Piper Museum (**Updated**)
- NYC / Hudson River flight, August 4
- Movie night on the ramp, August 11 (**Updated**, movie TBD)
- Burke Lakefront (Cleveland, BKL), August 18 (**New**)
- Scenic Niagara Falls flight and lunch at KIAG, August 26. A pre-flight briefing will be conducted at 10:00 am to familiarize all pilots with the scenic falls procedure. After flying the falls, we will land at KIAG and have lunch at Como. Return ~2:00 pm (**Updated**)
- WFC holiday party at the Blue Heron Golf Club with comedian Dan Viola, Dec 1

### Reminder

We encourage pilots to share the flying with other members, especially students and members limited by aircraft availability. Looking for a ride? Contact Chris Houston.



The WFC invades Elmira, NY during a pancake breakfast, August 2017

## Hangar Talks Announcement



Norm Isler

June 14, 2018  
8:00 pm, WFC Clubhouse

### Abstract:

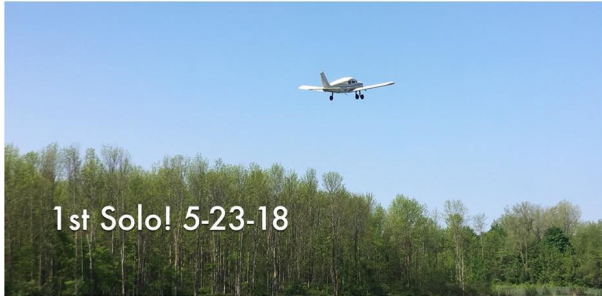
Norm will conduct an AOPA "Town Hall" format presentation focused on current AOPA activities, including:

- Updates on the "You Can Fly" program where Norm is active
- A summary of some significant events in the past year
- An overview of what AOPA is working on today.

### About our Speaker:

Norm Isler is the AOPA Ambassador for the Northeast. He holds Private Pilot SEL / SES certificates, is Part 107 Drone certified, and has an FAA Advanced Ground Instructor rating. A life-long New York resident, Norm has flown more than 100 Young Eagle flights and has been working with drones (Unmanned Aerial Systems) since 2014. Based in the Rochester area, Norm calls Brockport, NY home.

## Congratulations!



1st Solo! 5-23-18



Congratulations to Greg Szulis for achieving his first solo on May 23, 2018!

## Images by Chuck Mangos



May 20, 2018: Chuck Mangos caught Barry Holtz, WFC member and stalwart Apple Blossom Pancake Breakfast attendee, arriving in his Widgeon on an IFR flight plan.

## Upcoming WFC and Local Events

Thursday Jun 14	<b>Hangar Talk: Norm Isler from AOPA</b> WFC Clubhouse, 8:00 after the member meeting. AOPA Town Hall meeting
Saturday Jun 16	<b>NO WFC SATURDAY LUNCH TODAY</b>  <b>WFC Fly-Out: Red Jacket Flying Club BBQ Lunch Fundraiser</b> Canandaigua Airport (KIUA), 11:00 am – 3:00 pm  Breakfast / grill lunch fly-in, 60th Anniversary of EAA 44, Ledgesdale Airport / Brockport (7G0), 7:00 am–4:00 pm. Speakers, classic cars, airplanes.  Fly-in breakfast, Schenectady County Airport (KSCH), 8:30 am–10:30, Empire State Aerosciences Museum. Visiting aircraft taxi to Richmoor Aviation North, tell them you're going to ESAM.
Sunday Jun 17	Father's Day Fly-ins: <ul style="list-style-type: none"> <li>● Marcellus Airport (NK71), 8:00 am–12:00 pm.</li> <li>● Massena International Airport (KMSS).</li> <li>● Genesee County Airport (KGVQ), 7:00 am–12:00 pm.</li> </ul>
Saturday Jun 23	Binghamton Air Show (KBGM). Gates open at 10:00 am, show is noon to 4:00 pm. More details ( <a href="#">link</a> )
Sunday Jun 24	Fly-in breakfast, Wellsville Municipal Airport (KELZ), 8:00 am–1:00 pm.  Fly-in breakfast, Whitford's (B16), 7:30 am–12:00 pm.
Sunday Jun 30	Annual Wings and Wheels Fly-In Breakfast, Perry-Warsaw Airport (O1G), 8:00 am–noon  Great Valley Bicentennial Vintage Aircraft Fly-in (N56). More details ( <a href="#">link</a> ).
Sunday Jul 01	Fly-in breakfast, Elmira-Corning Regional Airport (KELM), hosted by EAA 533 (parking on the EAA ramp avoids fees). 8:00 am–11:00 am.
Wednesday Jul 04	Penn Yan Flying Club fly-in breakfast (KPEO), 6:30 am–11:30 am.
Sunday Jul 08	Fly-in breakfast, Whitford's (B16), 7:30 am–noon.  Fly-in breakfast, Oswego County Airport (KZFY), EAA 486.  Fly-in breakfast, Dunkirk Airport (KDCK), 8:00 am–noon.
Thursday Jul 12	<b>WFC Hangar Talk: Jim Martin, former Air Force and Cessna test pilot.</b> WFC Clubhouse, 8:00 after the member meeting. AOPA Town Hall meeting
Friday– Sunday Jul 13-15	National Warplane Museum Air Show, Genesee Airport (D52), gates open 7:00 am, show begins 10:00 am. Admissions are waived for fly-ins (including passengers). More details ( <a href="#">link</a> ).
Saturday Jul 21	<b>WFC Family Picnic and Flour Bomb / Spot Landing Contest</b>  Fly-in breakfast, Cooperstown Airport (K23), 7:30 am–11:00 am.  Cortland Airfest, Cortland Airport (N03). Pancake breakfast, WINGS seminar, BBQ lunch, W7 visiting! More details ( <a href="#">link</a> ).
Sunday Jul 22	Fly-in breakfast, Whitford's (B16), 7:30 am–noon.
Saturday Jul 28	<b>WFC Fly-Out to Lock Haven (KLHV)</b>

Items in **bold** are sponsored by the WFC Activities Committee