

WFC Flyer



The Williamson Sodus Airport photographed 5 May 2019 (Chris Houston)

Important Dates:

General Meeting
July 11, 2019
7:00 pm, Clubhouse

Board Meeting
August 1, 2019
7:00 pm, Clubhouse

General Meeting
August 8, 2019
7:00 pm, Clubhouse

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Williamson Flying Club Newsletter

July 2019

From the President's Desk by Mike Malec

2019 AOPA Fly-In



This past May, I had the pleasure of accompanying Jack Fuller, Steve Murray, and Mike Shippers in Steve's Bonanza to Frederick Airport (KFDK) for the 2019 AOPA Fly-In. It was a great trip, made especially pleasant in the Bonanza and with Steve's efficient piloting. This particular event celebrated the 80th Anniversary of AOPA.

If you haven't attended an AOPA Fly-In, I can only describe it as an aviation mini-trade show with a small airshow. This year's highlights included a new revision of the 180 HP Piper Archer with a G1000 on display. This aircraft would be

a nice upgrade to our cross country fleet. Other general aviation aircraft were available to examine from an array of sport models to small business jets. Indeed, something for every type of pilot. Free seminars covering a range of topics including pilot safety; IFR decision making; aviation photography and how to get started learning how to fly.

This year's fly-in was held just before the 75th anniversary of D-day and a number of C-47s and DC-3s were on display and open for a tour. These aircraft departed after the show to Europe for the commemorative ceremonies, but before they left, they gave a nice formation pass with a small but impressive simulation



Williamson Flying Club

Williamson-Sodus Airport (KSDC)
5502 State Route 104
Williamson, NY 14589

Find us on the web at:
www.williamsonflyingclub.com

Board of Directors

President:	Mike Malec	Director, 2017:	Ian Fair
Vice President:	Tom Henderson	Director, 2018:	Dick Swingly
Treasurer:	Bob Herloski	Director, 2019:	Paula Sippel
Secretary:	Steve Murray		

Contact: bod@williamsonflyingclub.com

Medical Advisor: Dr. Pam Tarkington

From the President's Desk by Mike Malec

“Of particular interest was a section focusing on getting people interested in aviation and sustaining their interest. They displayed a slide that listed in order of progression: building interest, provide training, sustaining interest, and helping pilots get back into flying. I believe our Club is a model for all of the points listed in this presentation.”

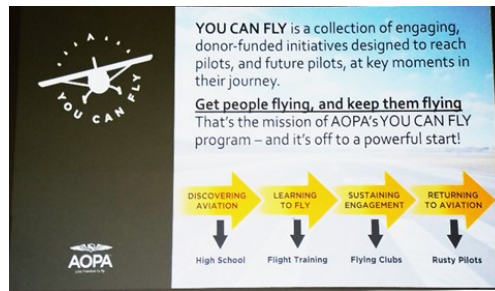
Aviation Quote:

“I think it is a pity to lose the romantic side of flying and simply to accept it as a common means of transport.”

— [Amy Johnson](#)

(Continued from page 1)

of the D-day parachute jump provided by the Liberty Jump parachute team. It was a startling scene.



One session that was related to the principles of our Club was given at the Town Hall meeting where AOPA leaders gave a state-of-the-organization presentation. Of particular interest was a section focusing on getting people interested in aviation and sustaining their interest. They displayed a slide that listed in order of progression: building interest, provide training, sustaining interest, and helping pilots get back into flying. I believe our Club is a model for all of the points listed in this presentation.

Discovering Aviation – our chief instructor, Mike Bjerga has been and continues to be engaged with our local schools, scouting, introductory flights, and through the newly established Explorer club, increasing awareness of and promoting the various careers in aviation.

Learning to Fly – membership to the Club includes flight training from a private pilot to commercial rating.

Sustaining Engagement – this is exactly what the Club is all about. Our Activities Committee provides opportunities for all members to participate in fly-out events or for buddy flying.

Returning to Aviation – in my term as President and Board member, I have noticed many new members who have recently joined the Club after many years away or have started training, but stopped for a number of reasons. We encourage pilots of all ages to join the Club and get back into the air.

I am pleased that our Club has the number of programs we have, is continuing to support and encourage flying, and that we are aligned with initiatives advanced by AOPA.

Let's go flying!



Images by Mick McKee



A rare photo of WFC member Mike Shippers from his time as a World War II fighter pilot, recently discovered at the National Warplane Museum.

Cool Places To Fly by Chris Houston



WFC aircraft parked on the Dansville (DSV) ramp, 22 June 2019

Destination: Dansville Municipal Airport (KDSV), Dansville, NY

Distance: 48 nautical miles, direct

Why It's Cool:

Dansville is so close to home that I have overlooked it for this column for years. But in talking with some of our members, I learned that many have never visited Dansville. This article is my pitch on why Dansville is worth a visit.

My first flight into Dansville Municipal was thirteen years ago, July 2006. I had relocated to New York a few months earlier. It was my first experience flying a pattern below the elevation of the surrounding terrain. For a guy who learned to fly in the cornfields of southwest Michigan, this was a novel experience.

Many people are aware of the McDonald's directly across the street from the DSV ramp. But there's more to dining in Dansville than simply "flying through" (as opposed to "driving through"). A short walk southwest of the airport

and under I-390 will bring you to the [Country Pride Restaurant](#) (follow the link for a map) at the TA Travel Center. This is a decent diner and holds its own with other airport diners.

I am embarrassed to admit that after twelve years of flying into Dansville, I was completely unaware of [Ice Cream Island](#) (thanks to Tom and Alicia Carter for bringing this place to our attention). This tiny ice cream stand is in the TSC / Big Lots parking lot southeast of the DSV ramp ("Fly airplanes! Visit exotic locales!"). Among other things, Ice Cream Island usually stocks about 26 flavors of Perry's ice cream. Their Facebook page (see the above link) gives updates on each week's available flavors. This makes Dansville a great dessert stop.

Furthermore, Dansville is home to the Finger Lakes Soaring club. I personally love spending time at DSV watching the gliders doing their thing.

(Continued on page 7)

Contribute to the Newsletter!

Do you have anything that you want to share with the WFC membership?

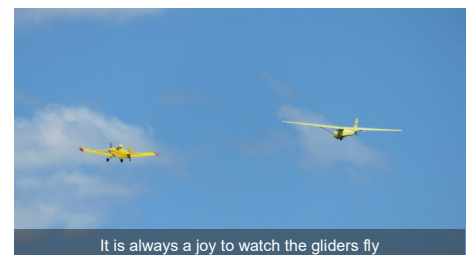
- Destinations?
- Favorite flying photo?
- Trip reports?
- Great experiences?
- Opinions?

Submit your photos and stories, to the newsletter by emailing:

Newsletter@williamsonflyingclub.com



WFC's 85X photobombs a glider tow



It is always a joy to watch the gliders fly



Member Spotlight: Eric Mehserle by Chris Houston



Member: Eric Mehserle
 WFC Roles: Multiple special projects, media publicity & aircraft parking for the pancake breakfast
 Ratings: PP-SEL
 Hours: ~700
 Joined: 1990

Williamson Flying Club member Eric Mehserle is proof that you really can go home again.

Eric's father was a crew chief on P-47s. Post-war, he flew and turned wrenches on everything from Aeronca Champs to T-6 Texans at Congressional Airport (now closed) in Silver Spring, MD. As a child, Eric often flew with his father, sometimes sitting on phone books in the T6 in order to see over the nose of the burly trainer.

Welcome, New Members!

The WFC extends a warm welcome to our newest members from June 2019!

- Samuel Ross
- Justin Whitmore
- Bob Wesley
- Michael Bass
- Kevin Simpson
- Peter Wicinski

When the family moved from Silver Spring to Jamestown NY, they shifted from aviation to sailing. For Eric, aviation was forgotten until his late 30s when a coworker offered him a ride in a Champ from a local grass runway. That day in the Champ, those memories of flying with his father came rushing back and Eric was definitively bitten by the aviation bug.

In what is becoming a familiar story, Eric visited multiple flying clubs in the region and selected the WFC based largely on cost, but came to love the camaraderie that has always been a hallmark of our Club.

Eric earned his Private Pilot certificate in 1991 with the WFC, starting off with instructor Katie Abrue in a Piper Colt and finishing up with Dean Pound in a Cherokee 140. He flew his check ride with Bill Law.

Eric has served our club in many ways. Today, he is often recognized for his contributions to the annual pancake breakfast, where he has done media promotion and parked aircraft for 20+ years. His wife, Dawn, has run the dining room for that entire time as well. He has also served on special projects including a post-9/11 TFR proposal for GINNA, manning the WFC booth at various Rochester WINGS events over the years, the nominations committee, and developed SDC's emergency response plan—to name a few.

When it comes to flying, sharing aviation with others in the form of short trips and rides is one of his

greatest loves. However, he is most grateful to Dawn for not only supporting his flying, but being an enthusiastic participant. Together, they have flown various WFC club planes all around the East on pleasure trips and visits to family.

His fondest memories are the two trips he flew to Oshkosh in the Club's Cherokee 235 (N4355F), an experience that he described as "the epitome for the guy flying the airplane."

He is also astounded by how our facility has grown since he joined in 1990; from a modest 25 foot wide, roughly 3,000 foot long runway and a small clubhouse heated by a wood burning stove to the facility that we enjoy today with a fuel farm and hangars that allow for fiscal self-sufficiency. He recalls when the old [T-hangar collapsed](#) in 1999 and the summer of 1996 when all of WFC's aircraft were relocated to Palmyra Airpark (6G3—now closed) while SDC's runway was replaced.

Eric was educated as a Mechanical Engineer and worked in the material handling industry as a project manager for many years. Now semi-retired, he is looking forward to managing his next project: the restoration of a 1961 MG. Not only was it his first car, but it was the car he was driving when he and Dawn were dating.

Though he may have been distracted by sailing as a young man, Eric's return to aviation via the WFC shows that, when it's in your blood, sometimes going home again is inevitable.

Activities Committee Update by Chris Houston

Recap

In June, the WFC did multiple fly-outs for Saturday morning breakfast. We'll continue to announce the time and destination the night before. As a general rule of thumb, we'll be wheels up at 7:30 with destinations of B16, DSV, or FZY. Riders are always welcome, just ask. Thanks to Mike Shippers for bringing these events together!

June 15 was the annual club picnic. We had a great turn-out! Thanks to everyone who came, but especially to Tammy Bebernitz, Scott, Lasky, Tony Aleksi, and others who helped make this event such a success.

On the evening of June 21, 5 aircraft launched with 13 people for dinner. Because of the size of our group, we did not go to [The Aviator Restaurant](#) in Glens Falls as planned. Instead, we went to [The West Wind](#) at St Marys, PA. They were very accommodating and dinner was terrific. On the way down, we ran into more weather than expected, which turned the trip into a positive learning experience for a few of our pilots who worked through weather deviations with Center for the first time. We also enjoyed a beautiful night flight back.

The next day, 14 people took 7 airplanes to Dansville after one of Chef Tony's Saturday lunches for dessert at Ice Cream Island (see Cool Places to Fly, this issue).

It was great to see so many from the WFC at the annual Penn Yan 4th of July pancake breakfast!

The only significant cancellation worth mentioning was the trip to Ticonderoga. This was due mostly to a combination of busy schedule, an airplane pulled off-line (85X), and dubious weather. We'll re-schedule this trip (see below).

Coming Soon

Cleveland, William G Mather: We'll be going to Cleveland on Saturday, June 20th, primarily to visit the [Great Lakes steamship William G Mather](#). This was closed when the club visited in 2018 (maybe we'll call ahead this time around to ensure that there have been no more unexpected fires). Details coming soon. Contact Ed Ciolkowski with questions.

Ticonderoga / Star Trek Tour: We will be flying to Ticonderoga (4B6) on either June 27 or 28th to tour the [sets of the original starship Enterprise](#). Plan to arrive at 4B6 at 10:00 am, tour at 11:00 am, followed by lunch. Direct any questions to Scott Lasky.

Old Rhinebeck: Daytrip to WWI era flying museum and airshow! Planned for Sunday, August 4. Contact Chris Houston for questions.

ATC Tower Tours: We're still negotiating with ROC ATC for dates.

Long Range Forecast

We are still planning trips to the Empire State Aerosciences Museum, Piseco Fly-in, Hudson River tour, Lycoming tour, etc! Watch this space and your email!



The WFC at The West Wind, KOYM, 21 June 2019



On the ramp at St Marys (KOYM) near dusk, 21 June 2019



Nine Four Romeo at KOYM with her new people



Ian and Rachel with 55W at St Marys, 21 June 2019



Seven WFC aircraft at Dansville for Ice Cream, 22 June 2019



WFC members at the Penn Yan fly-in, 4 July 2019

Flight Rx by Dr. Pam Tarkington

Caffeine



Caffeine is a nervous system stimulant and the most highly used stimulant worldwide. How many times a day do you use caffeine and see others doing the same? It is used to keep us awake and increase our energy.

Caffeine is usually used in the form of coffee but it is also found in tea leaves, chocolate, some sodas and, of course, energy drinks. A synthetic form is also found in cold and allergy medicines. Its also used for headache treatments and

migraines and for pain relief meds. Some stress drugs are also laced with caffeine.

It is absorbed in the gut and rapidly distributed through the body tissues. It is metabolized in the liver and has a half-life of 3-4 hours.

Since it penetrates the blood brain barrier, it increases mental alertness and greater vigilance and also decreases reaction time. It is a diuretic so you will urinate more.

The amount of caffeine in different drinks varies: an 8oz coffee has about 100 mg, a cup of tea 30 mg, and energy drinks contain about 100 mg.

Excessive use induces tolerance, which means that you have to drink more to achieve the same effects. Heavy use quickly loses the mental stimulation. It develops

tremulousness and with withdrawal (fatigue, dizziness and inattention). Individuals prone to headaches will often have increased headaches. Overdose does occur rarely, but happens around 10 g exposure.

According to popular belief, caffeine does not only not mix with alcohol, but will easily produce a sort of “wide awake drunk”. Treatment for a hangover (a partial stage of dehydration) does not include caffeine.

Rapid consumption of more than 400 mg of caffeine can produce certain types of headaches, hypertension, tremors and cardiac arrhythmia.

The take home message, moderation is best.



Mike Bebernitz lands One Delta Tango in the 2017 Flour Power event (Tom Carter)

Flour Power 2019!

Flour Power 2019, the Williamson Flying Club's annual flour bomb / spot landing contest was held Saturday, June 22.

Official results will be announced at the July 11 membership meeting!

Congratulations!



Congratulations to Dan Probst for his first solo on 19 June 2019!

Cool Places To Fly by Chris Houston

(Continued from page 3)

Tips:

- Runway 18-36 has been closed for some time, but the pavement is still in place. It may appear to be a viable taxiway; it's not.
- The terrain around Dansville may impact the way you fly the pattern. A high ridge immediately east of the field makes it rather challenging to enter downwind for 14 on a 45° without dropping into the pattern from above. This is not a great practice.
- Note that gliders will be operating from the grass east of runway 14-32. They use a right pattern (noted on the sectional). Powered aircraft fly left traffic.
- Many of the gliders are on the radio, but keep a sharp eye out and recall that they have right of way. The gliders are often circling over the ridge east of the field looking for lift, another reason not to approach from over that ridge.
- Fuel is full serve only, currently \$5.75/gal.

Update:

I just learned that the Tail Winds West diner at KPOU described in the [July 2018](#) issue is closed.

Upcoming WFC and Local Events

Fri-Sun July 12-14	National Warplane Museum Airshow: The Greatest Show on Turf. Fly-in visitors get free admission!
Sunday July 14	Fly-in breakfast, Oswego County Airport [KFZY], 7:30 am-11:00 am
Saturday July 20	WFC Fly-Out to Burke Lakefront Airport [KBKL]. Details coming. CORTLAND AIRFEST, 8:00 am - 4:00 pm [N03], Cortland, NY. Breakfast at 8:00 am, WINGS Safety Seminar at 10:00 am, BBQ from noon - 4:00 pm. Aerial tours, featured planes, live music, local vendors, and a bounce house and clown for kids. For more information contact Cyndi Koolakian at (315) 345-2201 or visit the Cortland Airfest Facebook page .
Sunday July 21	Fly-in pancake breakfast, Whitfords Airport (B16), 7:30 am—noon
Wednesday July 24	VMC CLUB SAFETY SEMINAR, 6:30 pm - 8:00 pm. EAA 44 Sport Aviation Center, Ledgesdale Airpark [7G0], 44 Eisenhower Drive, Brockport, NY. Each meeting starts with a video scenario produced by EAA. Afterwards, we have a “what would you do” discussion, as well as talk about anything aviation related! Just pilots and non-pilots helping other pilots and non-pilots! EAA membership not required! Free pizza too! Come join the fun and sharpen your safe flying skills.
Saturday July 27 or Sunday July 28	WFC Fly-Out to Ticonderoga [4B6] for the Star Trek Original Set Tour. Plan to arrive at 4B6 at 10:00 am, tour at 11:00 am, lunch following at Burleigh’s Luncheonette.
Saturday August 3	Airport Day, Oswego County Airport [FZY]. Details pending.
Sunday August 4	WFC Fly-Out to Old Rhinebeck (landing at Kingston-Ulster, 20N). Details coming. Fly-in pancake breakfast, Whitfords Airport [B16], 7:30 am—noon Fly-in pancake breakfast, Elmira-Corning Regional Airport, [KELM], 8:00 am—11:00 am. Taxi to the EAA 533 ramp. Parking on the EAA ramp will avoid the landing fee (collected by the FBO).
Sunday August 11	Fly-in breakfast, Oswego County Airport [KFZY], 7:30 am-11:00 am Wings and Wheels Pancake Breakfast, Ledgesdale Airpark [7G0], 8:00 am—noon.
Saturday August 17	WFC Fly-Out to the Empire State Aerosciences Museum [KSCH]. Details coming. ANTIQUe AND CLASSIC FLY-IN AND FRENCH TOAST BREAKFAST, 8:00 AM - 12:30 PM, William Morse State Airport [KDDH], Bennington, Vermont. Breakfast includes French toast with real Vermont maple syrup, fruit cup, bacon, and beverages.
Sunday August 18	Fly-in pancake breakfast, Whitfords Airport [B16], 7:30 am—noon
Saturday August 24	WFC Fly-Out to the Piseco Fly-In Breakfast [K09]. Details coming. Rochester Air Show
Sunday August 25	Rochester Air show
Wednesday August 28	VMC CLUB SAFETY SEMINAR, 6:30 pm - 8:00 pm. EAA 44 Sport Aviation Center, Ledgesdale Airpark [7G0], 44 Eisenhower Drive, Brockport, NY

Items in **bold** are sponsored by the WFC Activities Committee. Saturday lunches will run every Saturday at noon starting June 1 and into October (end date TBD).